

MC2: Health Information / Health History

Category: Medical Care

Last Revised: May 19, 2023

Recommended Practice:

If the unit or program requires health history or collects health information of any kind from youth participants or families, the health information should be stored securely in a locking file cabinet and should only be accessible to staff who receive the appropriate clearance through University Human Resources (e.g., security-sensitive access to protected, confidential or non-public data).

Information such as allergies, special dietary needs, activity restrictions, or any medical, physical or psychological conditions should be shared only with the appropriate staff involved in the activity. Health information or health history should not be shared with other participants or anyone other than the appropriate staff.

No youth shall be excluded from participating in camp because of their health history or related needs. Emphasis should be placed on inclusion and full participation of all youth, wherever possible. It is recommended that youth program enrollment forms include instructions and timeline for parents and youth participants on how and when they may request an accommodation related to a disability. The office of Equal Opportunity & Access (EOA) is able to offer guidance and consultation on reasonable accommodations.

Per American Camp Association (ACA) guidelines, the recommended approach for health forms is to ask parents to indicate: "I have reviewed the program and activities of the camp [or program] and feel the camper can participate **without restrictions**" or "the camper can participate **with the following restrictions or adaptations (Please describe below.)**"

Applies to:

- University units offering or hosting youth programs, when/if the unit collects health information

Related Information:

- [Medication Management](#)
- [Background Checks](#) (for personnel with security-sensitive access)
- Sample: [Camper Health History Form](#) (from American Camp Association)
- Equal Opportunity & Access: [Accommodations and ADA](#)

Self-Assessment:

If the unit collects health history or other health information from youth participants or their families, is the health information stored securely in a locking file cabinet that is only accessible to authorized staff?

YES NO

Do health forms emphasize inclusion and full participation of all youth?

YES NO